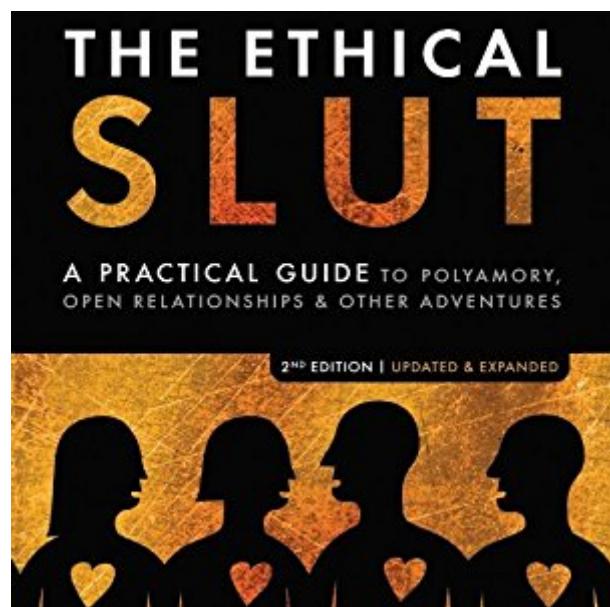


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The Ethical Slut: A Practical Guide To Polyamory, Open Relationships, & Other Adventures



Synopsis

For anyone who has ever dreamed of love, sex, and companionship beyond the limits of traditional monogamy, this groundbreaking guide navigates the infinite possibilities that open relationships can offer. Experienced ethical sluts Dossie Easton and Janet W. Hardy dispel myths and cover all the skills necessary to maintain a successful and responsible polyamorous lifestyle - from self-reflection and honest communication to practicing safe sex and raising a family. Individuals and their partners will learn how to discuss and honor boundaries, resolve conflicts, and to define relationships on their own terms.

Book Information

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Customer Reviews

I write this review as someone who is extremely sympathetic to polyamory, has explored it in the past, and has made the choice that it is not something that would be ultimately as satisfying for me as monogamy. I am delighted with certain aspects of the book that reframe abundant sexual expression in positive ways, promote honest, authentic, and safe relationships, and encourage people to explore with openness what is true for them. I also enjoy the "workbook" like nature of many of the inquiries, allowing many people to really make these ideas concrete in their own lives. However, even upon re-reading this 2nd edition, I fundamentally disagree with too many of the underlying premises and the underlying energy of defensiveness throughout the book. Foremost is the underlying premise that monogamy isn't anything special, and that you can essentially do everything you can do in monogamy with polyamory. The authors suggest quite explicitly in several

places that monogamy is simply a more sexually repressed, unenlightened, and outdated version of a more supposedly spiritually mature polyamory. I find their arguments utterly unconvincing, overly simplistic, defensive, and often overstated. I maintain that monogamy and polyamory are qualitatively different and should not be compared as if they were better or lesser versions of the same thing. They are both beautiful, both unique, and there is something special about both of them. They present qualitatively different challenges that are not the same. Monogamy inviting challenges that can ONLY come from unconditionally committing to be sexually exclusive with one person. Polyamory invites challenges that can ONLY come from unconditionally being open to letting love and sexual exploration flow as they arise.

The Ethical Slut is incredible! I first read The Ethical Slut (first edition) as part of a college course. As an undergrad, I was already well on my way to being a proud slut - I did the usual versions of short-term college dating, hookups, friends-with-benefits, threesomes, and the like, with or without a committed partner at various times. It all felt natural and right, but there were invariably awkward moments of poor negotiation, misunderstood communication, and mis-handled jealousy. When I read The Ethical Slut, I found an amazing wealth of information and suggestions on how I could make my various relationships work better and more smoothly. I wished I'd had this book all along - it would have saved so much trouble! If only I'd known that an agreement to "see other people" wasn't nearly complete enough! The Ethical Slut lays out all the things to think about in having open relationships of various sorts. I've been called a slut since I was 14, but it was this book that gave me the idea that being a slut could be a good thing - and now I couldn't be happier with my fabulous life as a proud slut. The Ethical Slut is an entertaining, readable, real-life explanation of all the options in relationships. Whether you want to be single or partnered or grouped, poly or monogamous, or whatever else, this book helps you figure out all the possibilities better. It's THE relationship book for anyone who wants more options than a "leave-it-to-beaver" relationship. If you're just starting to explore open relationships, or you're even just thinking about it, there's no better place to start than with this book. And if you're already immersed in poly life, it's got the "advanced level" information you need.

My partner isn't just some guy I'm dating; we share a home together. We share our lives together. He's part of my FAMILY. A compendium of flippant personal opinions that lack scholarly/clinical/statistical backing, and a smattering of personal anecdotes from the authors' lives is NOT what I need to guide me through one of the more important decisions I'll make in my

life. Non-monogamy is hard work, especially for folks like us raised up in a society that is so biased toward monogamy... and so grossly misinformed about even the basics of non-monogamy. I actually have poly friends to look to for advice or as examples, but most folks don't. So most of us don't have anything to go on. And the thing is, even the most sincere, loving, caring, honest people can torpedo their relationship **BY ACCIDENT**, through totally innocent mistakes. I'm lucky enough just to know that from reading some excellently-written and informative websites--A million times more useful than this waste of a book. So many people have raved about *The Ethical Slut*, so I picked up a copy. I was LIVID before I could finish the first chapter, and I had to force myself to finish the rest of the book, just in case there was something--anything--of value amid the vapid, self-serving rubbish the authors present. Speaking of chapter one, the authors even fail at justifying the concept of rehabilitating the word *slut*... they themselves say that one of the primary attributes given to the word "slut" is that a slut is indiscriminate... and then they blather on a bunch of nonsense without ever sorting that one **little** issue out.

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